

Indofer Tablets & Syrup

ایندوفر ٹیبلٹس اور سیرپ

Indofer Tablets

Each chewable tablet contains:
Iron (III) Hydroxide Polymaltose
Complex equivalent to Elemental Iron 100mg
Indus Pharma Specification

Indofer Plus Tablets

Each chewable tablet contains:
Iron (III) Hydroxide Polymaltose
Complex equivalent to Elemental Iron 100mg
Folic Acid.....0.35mg
Indus Pharma Specification

Indofer Syrup

Each 5ml contains:
Iron (III) Hydroxide Polymaltose Complex equivalent to
Elemental Iron.....50mg
Indus Pharma Specification

Description:

Iron is an essential constituent of the body, being necessary for haemoglobin formation and for the oxidative process of living tissues. Iron salts are given for the treatment or prophylaxis of iron deficiency anaemias. Iron Polymaltose Complex is a novel iron salt that has distinct advantages over conventional iron preparations. As opposed to conventional iron salts that contain iron in ferrous form, Iron Polymaltose Complex contains iron in ferric form. Ferrous releases an electron in the gastrointestinal tract before converting into ferric form. This electron is responsible for the formation of free radicals. Since iron is present in ferric form in Iron Polymaltose Complex free radicals do not form. This is the reason for its better safety profile as compared to ferrous salts. The bioavailability of Iron Polymaltose Complex is better than ferrous salts. It produces less gastric irritation than ferrous salts.

Folic Acid is an essential vitamin during pregnancy and lactation. It is also used in the treatment and prevention of folate deficiency state.

Indications:

Indofer Tablet:

Indofer tablets are indicated for the prevention and treatment of all kinds of iron deficiencies particularly iron deficiency anaemia. Tablet formulation is especially used for the prophylactic therapy of iron deficiency to cover the recommended daily dietary allowances (RDA) during pregnancy and lactation, adolescents and adults.

Indofer Plus Tablet:

Indofer Plus Tablets are used for the treatment of latent and manifest iron deficiency and prevention of iron and folic acid deficiency before and during pregnancy, and during lactation.

Indofer Syrup:

Indofer Syrup is used for the treatment of latent iron deficiency and iron deficiency anaemia (manifest iron deficiency). Prophylactic therapy of iron deficiency during pregnancy.

Dosage and administration:

Dosage and duration of treatment are dependent upon the extent of iron deficiency. The daily dose can be divided into separate doses or can be taken at one time. **Indofer** and **Indofer Plus** chewable tablets can be chewed or swallowed whole and should be taken during or immediately after the meal.

In case of manifested iron deficiency the therapy takes about 3-5 months until a normalization of the haemoglobin value is achieved. Afterwards the therapy should be continued for several weeks with dosage such as described for latent iron deficiency to replenish the iron stores.

Age Group	Manifested iron deficiency	Latent iron deficiency	Prophylactic therapy
Infants (up to 1 year)	2.5-5ml syrup daily (25-50mg iron)	-	-
Children (1-12 years)	5-10ml syrup daily (50-100mg iron)	2.5-5ml syrup daily (25-50mg iron)	-
Children (>12 years), adults and nursing women	10-30ml syrup or 1-3 tablets daily (100-300mg iron)	5-10ml syrup or 1/2-1 tablet daily (50-100mg iron)	-
Pregnant women	20-30ml syrup or 2-3 tablets daily (200-300mg iron)	10ml syrup or 1 Tablet daily (100mg iron)	5-10ml syrup or 1/2 to 1 tablet daily (50-100mg iron)

Contraindications:

Iron Polymaltose Complex is contraindicated in conditions of iron over load. For example, haemochromatosis or haemosiderosis.

Precautions and interactions:

Absorption of iron is hampered when used concomitantly with calcium or chloramphenicol. One should also be careful while giving Iron Polymaltose Complex with antacids which decrease the absorption of iron. Iron can reduce the bioavailability of methyldopa, bisphosphonates and fluoroquinolones.

Side effects:

Common side effects of Iron Polymaltose Complex are occasional gastrointestinal irritation, nausea, constipation or diarrhoea. Iron Polymaltose Complex can also cause dark coloration of stool, which has no clinical significance.

STORAGE CONDITIONS

Tablets:

- Store below 30°C.
- Protect from heat, light and moisture.

Syrup:

- Store below 30°C.
- Protect from heat and light.

Presentation:

Indofer 100mg Tablets: Pack of 20 Tablets.

Indofer Plus Tablets : Pack of 20 Tablets.

Indofer syrup : Pack of 60ml bottle.

To be sold on the prescription of a registered medical practitioner only.

Keep all medicines out of the reach of children.



Manufactured by :

Indus Pharma (Pvt.) Ltd.

65/27, Korangi Industrial Area,
Karachi-74900, Pakistan.

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